



## Available Services:

### **Mission Fortify ERM Support Groups**

- SL County ERM Support Group
  - 4<sup>th</sup> Tuesday of Every Month, 7:30pm

*\*Please email [info@missionfortify.org](mailto:info@missionfortify.org) for the location of this group as the location tends to rotate to different areas of the valley.*

### **Mission Fortify Monthly ERM Mentor Meetings**

- ERM Mentor Training, Video Conference
  - 2<sup>st</sup> Tuesday of Every Month 7:00pm MST
- ERM Mentor Team Meeting, Video Conference
  - 2<sup>nd</sup> Tuesday of Every Month 8:00pm MST

### **Mission Fortify, Mental Health Counseling**

- Please contact Mission Fortify at 385-232-3238, or [zachary@missionfortify.org](mailto:zachary@missionfortify.org) if you would like to be referred to a trusted mental health professional for individual therapy

### LDS Family Services

*\*Please call LDS Family Services prior to attending one of their groups in order to verify that the group is currently being offered*

- **ERM Groups**
  - Layton, LDS Family Services, 930 W. Hill Field Rd
    - Thursdays, 6:00-8:00pm
  - Sandy, Jordan High School Seminary Building (south door), 9735 S. State St
    - Tuesdays, 7:00-8:30pm
  - Provo, LDS Family Services, 1190 N. 900 E
    - Wednesdays, 7:00-8:30pm
- **Mental Health Counseling**
  - Early-Returned Missionaries are offered six free sessions of individual mental health counseling. Please call your local LDS Family Services office for more information.

## Videos

(All videos are found on [www.missionfortify.org](http://www.missionfortify.org), under “Resources”)

- Elder Jeffery R. Holland addresses ERMs in “Face-to-Face” Facebook Event
  - *“I want you to take credit for (having served), I want you to take the appropriate dignity that you deserve...and to know that the Lord loves you, and the church loves you for serving.”*
- Honorably Released
  - ERMs share their powerful experiences in this documentary produced by Jessica Bowles and the Brigham Young University School of Communications
- Returning Early From a Mission
  - Jake was eagerly planning to serve as a full-time missionary in South Carolina for two years, but things don’t always go according to plan. When he entered the Missionary Training Center, Jake was hit with a wave of doubts and depression.
- KSL Studio 5: Early Returned Missionaries
  - Kris Doty, LCSW, discusses the plight of the Early-Returned Missionary

## ERM Facebook Groups

(Links found on [www.missionfortify.org](http://www.missionfortify.org) under “Resources”)

- Mission Fortify ERM Mentor Group (private group for ERM Mentors)
- Early Returned Missionaries
- The Early Returned Missionary Initiative

## ERM Articles

(Links found on [www.missionfortify.org](http://www.missionfortify.org) under “Resources”)

- Cultural Judgments Involving Missionaries Persist, Daily Universe, Feb 2017
- Dealing With Coming Home Early, Liahona, July 2016
- “Returning Home Early From My Mission,” Brittany Romanello Casco, Ensign, Dec 2015
- “What this Mission President would like every ERM to know,” Meridian Magazine, July 2015
- “Early Returned Missionaries Thrive With Acceptance, Love,” Utah Valley 360, April 2014
- “Many Mormon Missionaries Who Return Home Early Feel Some Failure,” Deseret News, Dec 2013
- Study Explores Impact of Early-Returned LDS Missionaries, Daily Herald, Nov 2013